

Qty	ISBN	Title	Bd	C\$ Price	In-Whs	Pg
	9781605295510	The Obama Diet	*AA CL	28.99	02/17/12	0
	9781609614232	The Biggest Loser Quick & Easy Cookbook	PB	24.99	11/08/11	0
	9781605293370	Tyler Florence Fresh	*AA PB	34.50	05/15/13	0
	9781609613785	LL Cool J's Platinum 360 Diet and Lifestyle	PB	22.99	08/23/11	0
	9781605291239	MasterChef Cookbook	*AA PB	29.99	08/31/10	0
	9781609610456	The Salt Solution Diet	CL	29.99	08/09/11	0
	9781605293325	The South Beach Wake-Up Call	CL	29.99	09/23/11	3
	9781605293271	The Happiness Diet	CL	29.99	11/18/11	5
	9781609613105	The Definitive Guide to Prostate Cancer	PB	18.99	09/13/11	6
	9781609611095	Cheat on Your Husband (with Your Husband)	PB	18.50	08/23/11	7
	9781609611545	Wheat Belly	CL	29.99	08/09/11	9
	9781609611460	Life Unlocked	PB	18.50	08/09/11	10
	9781609611842	Carry the Rock	PB	18.50	08/30/11	11
	9781609611798	The Long Run	PB	18.50	08/16/11	11
	9781605293370	Tyler Florence Fresh	*AA PB	34.50	05/15/13	13
	9781609611132	The Big Handout	CL	28.99	10/17/11	14
	9781605291765	Cook without a Book: Meatless Meals	CL	37.50	10/21/11	15
	9781609612245	Marathon	PB	19.99	09/27/11	16
	9781605292175	Fool Me Twice	CL	29.99	09/29/11	17
	9781605290768	My Last Supper: The Next Course	CL	45.99	09/14/11	19
	9781609611811	America the Edible	PB	18.50	09/14/11	20
	9781609611804	Sustainable Excellence	PB	18.50	09/27/11	21
	9781609611835	The Addiction Solution	PB	18.50	10/12/11	21
	9781605290959	The Sweet Life	CL	37.50	10/25/11	23
	9781605292632	High Voltage	CL	28.99	10/28/11	24
	9781609611989	Mindfulness	CL	28.99	10/25/11	25
	9781605294070	Mycophilia	CL	29.99	10/25/11	26
	9781609613006	Handmade Chic	CL	28.99	01/13/12	27
	9781605295923	FrameWork for the Shoulder	PB	21.99	10/19/11	28
	9781609611316	The Hoarder in You	CL	28.99	11/11/11	29
	9781605293288	The 400 Calorie Fix Cookbook	CL	29.99	08/23/11	33
	9781609611828	The IMPACT! Body Plan	PB	24.99	09/27/11	34
	9781609612344	The Athlete's Book of Home Remedies	*AA PB	29.99	03/02/12	35
	9781609610654	Eat This, Not That! 2012	PB	21.99	08/23/11	37
	9781609611941	Start Fresh	*AA CL	22.99	06/07/11	42
	9781609613129	Joy Bauer's Food Cures	PB	24.99	08/02/11	43
	9781594865466	The Abs Diet 6-Minute Meals for 6-Pack Abs	*AA CL	24.00	05/16/06	46
	9781579542764	The Allergy Self-Help Cookbook	*AA PB	21.95	04/07/01	46
	9781609611811	America the Edible	PB	18.50	09/14/11	46
	9781605295787	The Athlete's Palate Cookbook	*AA PB	31.00	12/22/09	46
	9781605292045	Bake & Decorate	*AA CL	36.00	10/26/10	46
	9781579548476	Canyon Ranch Cooks	*AA CL	35.50	10/10/03	46
	9781605294698	Cook & Freeze	*AA PB	26.50	08/17/10	46
	9781594865954	The Biggest Loser Calorie Counter	*AA PB	8.99	10/03/06	47
	9781594865756	The Biggest Loser Cookbook	*AA PB	24.95	10/03/06	47
	9781609611293	The Biggest Loser Dessert Cookbook	*AA PB	24.99	11/09/10	47
	9781609611484	The Biggest Loser Flavors of the World Cookbo	*AA PB	24.99	03/15/11	47
	9781605295350	The Biggest Loser Simple Swaps	*AA PB	24.99	09/29/09	47
	9781605294421	Cook This, Not That!	*AA PB	23.99	12/29/09	47
	9781605291475	Cook This, Not That! 350-Calorie Meals	*AA PB	21.99	10/12/10	47
	9781594866715	Diabetes Diet Cookbook	*AA PB	23.95	10/14/08	48
	9781605295657	The Diabetes DTOUR Diet Cookbook	*AA CL	31.99	10/26/10	48
	9781605296425	Donatella Cooks	*AA CL	39.00	04/13/10	48
	9781594866876	The Ethics of What We Eat	*AA PB	19.95	03/06/07	48
	9781594863103	Fast Food Fix	*AA PB	18.95	04/18/06	48
	9781605295749	Fat Witch Brownies	*AA CL	26.00	09/14/10	48
	9781605299556	Flat Belly Diet! Cookbook	*AA CL	35.99	08/18/09	48

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	9781605294599	Flat Belly Diet! Family Cookbook	*AA CL	31.99	05/11/10	49
	9781605291499	Flavor First	*AA PB	24.99	04/12/11	49
	9780875964485	Healthy Cooking for Two (or Just You)	*AA PB	20.95	05/15/97	49
	9781605291635	The Hollywood Wrap	*AA PB	22.99	02/15/11	49
	9781605293202	Hunt, Gather, Cook	*AA CL	29.99	05/24/11	49
	9781609611279	The Kimchi Chronicles	CL	37.50	08/02/11	49
	9781609611354	The Kind Diet	*AA PB	24.99	03/15/11	49
	9781605293097	Making Supper Safe	*AA CL	28.99	06/07/11	49
	9781579546076	A Man, a Can, a Plan	*AA CL	20.50	06/17/02	50
	9781579547677	A Man, a Can, a Grill	*AA CL	23.95	05/16/03	50
	9781579548926	A Man, a Can, a Microwave	*AA CL	23.95	04/28/04	50
	9781594866104	A Man, A Can, A Plan, A Second Helping	*AA CL	19.95	05/01/07	50
	9781594863127	A Man, A Can, A Tailgate Plan	*AA CL	21.95	05/16/06	50
	9781605291239	MasterChef Cookbook	*AA PB	29.99	08/31/10	50
	9781605294285	Mediterranean Harvest	*AA PB	28.99	06/08/10	50
	9781605293103	The Men's Health Big Book of Food & Nutrition	*AA PB	31.00	12/21/10	50
	9781594865480	Men's Health Muscle Chow	*AA PB	21.95	12/10/07	50
	9781605293141	The New Abs Diet Cookbook	*AA CL	31.99	12/21/10	51
	9780875963143	New Vegetarian Cuisine	*AA PB	19.95	07/15/96	51
	9781609611361	Organic Manifesto	*AA PB	16.99	03/01/11	51
	9781605296432	Organically Raised	*AA PB	25.99	05/25/10	51
	9781594861093	Peace, Love, & Barbecue	*AA PB	23.95	05/20/05	51
	9780875969794	Preserving Summer's Bounty	*AA PB	20.95	04/15/98	51
	9781605293509	Pretty Delicious	*AA CL	34.50	02/01/11	51
	9781605294704	Radically Simple: Brilliant Flavors with Brea	*AA CL	40.00	10/26/10	51
	9781605295435	The Rodale Whole Foods Cookbook	*AA CL	42.00	12/08/09	52
	9781594867804	Salt to Taste	*AA CL	44.50	10/13/09	52
	9781605295886	Secrets of a Skinny Chef	*AA PB	23.99	03/16/10	52
	9781609611941	Start Fresh	*AA CL	22.99	06/07/11	52
	9781594865190	The Sugar Solution Cookbook	*AA CL	33.95	12/26/06	52
	9781605299983	Sustainably Delicious	*AA CL	44.50	04/13/10	52
	9781605293820	Tart and Sweet	*AA CL	28.99	03/29/11	52
	9781605293387	Tyler Florence Family Meal	*AA CL	40.00	05/24/12	52
	9781579549572	The South Beach Diet Cookbook	*AA CL	33.50	04/13/04	53
	9781594864445	The South Beach Diet Parties and Holidays Coo	*AA PB	31.00	10/03/06	53
	9781594862922	The South Beach Diet Quick and Easy Cookbook	*AA CL	35.99	10/07/05	53
	9781605293332	The South Beach Diet Super Quick Cookbook	*AA CL	34.99	05/11/10	53
	9781594864452	The South Beach Diet Taste of Summer Cookbook	*AA CL	35.95	05/15/07	53
	9781605295732	The Very Best Of Recipes for Health	*AA CL	40.00	08/31/10	53
	9781605293042	Walk Off Weight Quick & Easy Cookbook	*AA CL	28.99	07/05/11	53
	9781605298634	2-Week Total Body Turnaround	*AA PB	28.99	12/22/09	53
	9781579547158	8 Minutes in the Morning to a Flat Belly	*AA PB	18.95	01/01/04	53
	9781605294872	The Bicycling Guide to Complete Bicycle Maint	*AA PB	27.50	09/28/10	54
	9781594860515	Bicycling Magazine's 1000 All-Time Best Tips	*AA PB	15.99	06/04/05	54
	9780875964867	Bicycling Magazine's Complete Book of Road Cy	*AA PB	21.00	01/15/98	54
	9781594863004	Bicycling Magazine's New Cyclist Handbook	*AA PB	14.99	11/29/05	54
	9781605292823	The Big Book of Bicycling	*AA PB	24.99	12/07/10	54
	9781594869310	Alpha Male Challenge	*AA CL	34.50	09/01/09	54
	9781594866951	The Biggest Loser Fitness Program	*AA PB	23.95	09/18/07	54
	9781594867316	Bowerman and the Men of Oregon	*AA PB	21.95	09/04/07	55
	9781579546892	The Bowflex Body Plan	*AA CL	44.95	11/15/03	55
	9781605293080	Bring It!	*AA CL	31.99	12/21/10	55
	9781605296555	Cardio Strength Training	*AA PB	23.99	12/22/09	55
	9781594861680	The Core Performance	*AA PB	25.99	05/06/05	55
	9781594868177	Core Performance Endurance	*AA PB	21.95	12/23/08	55
	9781594866272	Core Performance Essentials	*AA PB	24.95	12/12/06	55
	9781605296951	Core Performance Golf	*AA PB	23.99	12/22/09	55

Qty	ISBN	Title	Bd	C\$ Price	In-Whs	Pg
	9781594860577	FrameWork	*AA PB	20.95	07/08/05	56
	9781605295930	FrameWork for the Knee	*AA PB	21.99	09/28/10	56
	9781605291970	Framework for the Lower Back, Revised and Upd	*AA PB	22.99	04/13/10	56
	9781609611842	Carry the Rock	PB	18.50	08/30/11	56
	9781594867309	The Extra Mile	*AA PB	20.50	09/18/07	56
	9781605296937	The Female Body Breakthrough	*AA PB	25.99	11/10/09	56
	9781609611026	Force of Nature	*AA PB	22.99	08/31/10	56
	9781609611002	Foundation	*AA PB	26.50	05/10/11	57
	9781605295336	Going Long	*AA PB	19.99	03/30/10	57
	9781609611828	The IMPACT! Body Plan	PB	24.99	09/27/11	57
	9781605295411	LL Cool J's Platinum 360 Diet and Lifestyle	*AA CL	35.99	04/27/10	57
	9781605298238	LL Cool J's Platinum Workout	*AA PB	21.95	04/14/09	57
	9781605291246	Long Distance	*AA PB	18.50	10/26/10	57
	9781594861994	Marathon	*AA PB	19.99	09/03/05	57
	9781579547820	Marathoning for Mortals	*AA PB	17.95	05/02/03	57
	9781579542924	Essential Abs	*AA PB	17.95	05/18/01	58
	9781594862595	Men's Health Best: Weight-Free Workout	*AA PB	12.50	09/17/05	58
	9781605295503	The Men's Health Big Book of Exercises	*AA PB	29.99	12/22/09	58
	9781594862434	Men's Health The Body You Want in the Time Yo	*AA PB	23.95	12/27/05	58
	9781579547691	Men's Health The Book of Muscle	*AA CL	44.50	10/17/03	58
	9781594864889	The Men's Health Gym Bible	*AA PB	23.95	10/17/06	58
	9781579542290	The Men's Health Hard Body Plan	*AA PB	23.95	11/18/00	58
	9781579546571	The Men's Health Home Workout Bible	*AA PB	27.99	11/09/02	58
	9781605299341	Men's Health Huge in a Hurry	*AA PB	28.99	12/09/08	58
	9781594865848	Men's Health Power Training	*AA PB	25.99	09/18/07	58
	9781594864872	Men's Health Ultimate Dumbbell Guide	*AA PB	25.50	07/24/07	58
	9781609611064	Mile Markers	*AA CL	19.99	03/01/11	59
	9780875969213	Moving Toward Balance	*AA PB	29.99	04/28/04	59
	9781605298276	My Life on the Run	*AA PB	18.95	05/12/09	59
	9781594860003	The New High Intensity Training	*AA PB	23.95	10/01/04	59
	9781605296746	No OM Zone	*AA PB	23.99	07/06/10	59
	9780875964577	Pre	*AA PB	17.95	03/15/97	59
	9781605294063	Ride Your Way Lean	*AA PB	23.99	08/17/10	59
	9781605292793	Run!	*AA CL	28.99	03/01/11	59
	9781594860225	Runner's World Complete Book of Beginning Run	*AA PB	25.99	03/02/05	60
	9781605295794	Runner's World Complete Book of Running	*AA PB	25.99	12/22/09	60
	9781594867583	Runner's World Complete Book of Women's Runni	*AA PB	19.99	10/30/07	60
	9781594862182	Runner's World Performance Nutrition for Runn	*AA PB	17.95	12/27/05	60
	9781594866494	Runner's World Run Less, Run Faster	*AA PB	19.99	05/15/07	60
	9781605298610	Runner's World The Runner's Body	*AA PB	21.99	05/12/09	60
	9781594862052	Runner's World Runner's Diet	*AA PB	21.99	09/15/05	60
	9781594865206	Runner's World Training Journal	*AA SB	16.95	09/19/06	60
	9781579542696	Run Fast	*AA PB	18.95	09/30/00	61
	9781605294049	Run Your Butt Off!	*AA PB	22.99	03/15/11	61
	9781605292724	The Runner's Field Manual	*AA CL	19.99	10/12/10	61
	9781605295800	The Runner's Rule Book	*AA CL	22.99	10/13/09	61
	9781594863257	Running for Mortals	*AA PB	20.50	04/17/07	61
	9781594860881	Scrawny to Brawny	*AA PB	25.50	04/02/05	61
	9781594864001	The Shaolin Workout	*AA CL	32.95	05/16/06	61
	9781605295565	Slim Calm Sexy Yoga	*AA PB	27.50	08/31/10	61
	9781609611118	The Sportsman	*AA CL	28.99	06/07/11	62
	9781609611408	Sweetness and Blood	*AA PB	19.50	05/24/11	62
	9781609611088	To Be a Runner	*AA CL	28.99	05/10/11	62
	9781579547486	Triathlon Training in Four Hours a Week	*AA PB	27.95	05/16/03	62
	9781605296272	Ultimate You	*AA CL	31.00	05/11/10	62
	9781605295633	Walk Off Weight	*AA PB	22.99	03/01/11	62
	9781605295497	The Women's Health Big Book of Exercises	*AA PB	28.99	12/22/09	62

Qty	ISBN	Title	Bd	C\$ Price	In-Whs	Pg
	9780875969183	The Backyard Bird Feeder's Bible	*AA PB	25.99	05/02/03	63
	9781605295190	The Backyard Bird Lover's Ultimate How-to Gui	*AA PB	25.99	07/06/10	63
	9780878571253	Chickens In Your Backyard	*AA PB	16.95	09/15/76	63
	9781594869099	Deer-Resistant Landscaping	*AA PB	26.95	02/03/09	63
	9780875968476	Great Garden Companions	*AA PB	24.95	05/19/00	63
	9781605295893	Grow the Good Life	*AA CL	28.99	02/15/11	63
	9781605295176	Homegrown	*AA PB	23.99	05/11/10	63
	9781594869594	How to Cheat at Gardening and Yard Work	*AA PB	20.95	04/14/09	64
	9780875969626	Lasagna Gardening	*AA PB	21.99	11/15/98	64
	9781579549671	Making the Most of Shade	*AA PB	26.95	04/16/05	64
	9780878577521	The New Seed Starter's Handbook	*AA PB	20.95	02/15/88	64
	9781594868535	Perennial Combinations	*AA PB	25.95	02/19/08	64
	9781594860331	The Pruner's Bible	*AA PB	26.95	04/02/05	64
	9780878579914	The Rodale Book of Composting	*AA PB	18.95	01/15/92	64
	9780875969640	Rodale's Illustrated Encyclopedia of Herbs	*AA PB	26.95	01/15/98	65
	9781594869174	Rodale's Ultimate Encyclopedia of Organic Gar	*AA PB	31.99	02/03/09	65
	9781605291307	The Secrets of Backyard Bird-Feeding Success	PB	26.50	08/25/11	65
	9781579548568	Square Foot Gardening	*AA PB	21.95	04/02/05	65
	9781605294681	Tomorrow's Garden	*AA CL	28.99	02/15/11	65
	9781605290836	Vertical Gardening	*AA PB	27.50	04/26/11	65
	9780875969947	Your Backyard Herb Garden	*AA PB	22.99	01/15/99	65
	9781605294766	The Blue Sweater	*AA PB	18.99	02/16/10	66
	9781605299969	The Butcher and the Vegetarian	*AA CL	28.99	02/02/10	66
	9781605291659	Corn Flakes with John Lennon	*AA PB	16.99	10/12/10	66
	9781605297309	DogJoy	*AA CL	21.99	10/13/09	66
	9781594860683	Einstein Never Used Flashcards	*AA PB	17.95	08/25/04	66
	9781605294711	The Green Blue Book	*AA PB	19.99	03/16/10	66
	9781605296760	Higher Education	*AA CL	23.99	04/13/10	66
	9781605290775	I Have Nothing To Wear!	CL	29.99	08/11/11	66
	9781605290751	KaBOOM!	*AA CL	28.99	04/26/11	67
	9781609611392	Marcus of Umbria	*AA PB	16.99	05/24/11	67
	9781605296517	My Country	*AA CL	37.50	10/12/10	67
	9781594865053	New Rules	*AA PB	19.95	09/05/06	67
	9781594865138	The Intellectual Devotional	*AA CL	27.00	10/03/06	67
	9781594867446	The Intellectual Devotional: American History	*AA CL	28.00	10/16/07	67
	9781605299495	The Intellectual Devotional Health	*AA CL	30.50	10/13/09	67
	9781594867453	The Intellectual Devotional Modern Culture	*AA CL	27.00	10/14/08	67
	9781605292885	Onward	*AA CL	29.99	03/29/11	68
	9781605293608	Our Fathers, Ourselves	*AA CL	28.99	05/10/11	68
	9781605297521	Our Roots Grow Deep	*AA CL	55.00	03/31/09	68
	9781605291758	Shameless	*AA CL	28.99	01/18/11	68
	9781605295848	The Sublime Engine	*AA CL	28.99	01/18/11	68
	9781609611804	Sustainable Excellence	PB	18.50	09/27/11	68
	9780878572366	The Synonym Finder	*AA CL	35.50	08/15/58	68
	9781609611378	The Town That Food Saved	*AA PB	18.50	06/07/11	69
	9781605295978	Uncommon Wisdom	*AA PB	17.99	02/16/10	69
	9781594868870	Whole Green Catalog	*AA PB	38.00	09/01/09	69
	9781605295954	Vanity Fair's Proust Questionnaire	*AA CL	27.50	10/13/09	69
	9781605294797	The 7 Day Energy Surge	*AA PB	18.99	03/30/10	69
	9781594867156	Addiction	*AA CL	31.95	03/06/07	69
	9781609611835	The Addiction Solution	PB	18.50	10/12/11	69
	9781605294674	Age Erasers for Women	*AA CL	29.99	12/22/09	69
	9781594862168	The Abs Diet	*AA PB	17.95	12/13/05	70
	9781594865466	The Abs Diet 6-Minute Meals for 6-Pack Abs	*AA CL	24.00	05/16/06	70
	9781594862380	The Abs Diet Eat Right Every Time Guide	*AA PB	8.99	01/05/05	70
	9781594869129	The Abs Diet for Women	*AA PB	20.50	06/10/08	70
	9781594864094	The Abs Diet Get Fit Stay Fit Plan	*AA CL	28.95	12/13/05	70

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	9781605296944	Abs Diet Ultimate Nutrition Handbook	*AA PB	18.99	12/22/09	70
	9781605293165	The New Abs Diet	*AA CL	29.99	12/21/10	70
	9781605293141	The New Abs Diet Cookbook	*AA CL	31.99	12/21/10	70
	9781605293158	The New Abs Diet for Women	*AA CL	29.99	04/12/11	70
	9781579545925	Alternative Cures	*AA PB	21.95	06/29/02	71
	9781594862113	The BabyCenter Essential Guide to Pregnancy a	*AA PB	24.99	06/22/05	71
	9781605298764	Because It Feels Good	*AA CL	27.99	08/18/09	71
	9781605298207	The Belly Off! Diet	*AA PB	23.95	04/28/09	71
	9781605298283	Body-for-LIFE for Women	*AA PB	20.95	04/14/09	71
	9781605299006	Brainpower Game Plan	*AA PB	31.00	09/15/09	71
	9781594867354	Cholesterol Cures (revised)	*AA PB	19.95	12/10/07	71
	9781594863844	The Biggest Loser	*AA PB	23.95	10/21/05	72
	9781594865954	The Biggest Loser Calorie Counter	*AA PB	8.99	10/03/06	72
	9781594865756	The Biggest Loser Cookbook	*AA PB	24.95	10/03/06	72
	9781609611293	The Biggest Loser Dessert Cookbook	*AA PB	24.99	11/09/10	72
	9781605297835	Biggest Loser Family Cookbook	*AA PB	27.95	11/11/08	72
	9781594866951	The Biggest Loser Fitness Program	*AA PB	23.95	09/18/07	72
	9781609611484	The Biggest Loser Flavors of the World Cookbo	*AA PB	24.99	03/15/11	72
	9781605292168	The Biggest Loser Food Journal	*AA SB	15.99	09/14/10	72
	9781605295350	The Biggest Loser Simple Swaps	*AA PB	24.99	09/29/09	72
	9781605295145	The Biggest Loser: 6 Weeks to a Healthier You	*AA PB	25.99	03/16/10	72
	9781594867996	The Biggest Loser Success Secrets	*AA PB	23.95	03/18/08	72
	9781605297828	The Biggest Loser 30-Day Jump Start	*AA PB	23.95	02/17/09	72
	9781609610630	The Compassionate Diet	*AA PB	19.99	05/24/11	73
	9781605291680	The Decision Tree	*AA PB	18.50	03/01/11	73
	9781605296753	Diabetes Without Drugs	*AA PB	27.50	11/09/10	73
	9781594868108	Dr. Neal Barnard's Program for Reversing Diab	*AA PB	18.99	04/01/08	73
	9781594866630	The Doctors Book of Food Remedies	*AA PB	23.95	05/27/08	73
	9781605298665	The Doctors Book of Home Remedies	*AA PB	25.99	03/02/10	73
	9781605293264	The Doctors 5-Minute Health Fixes	*AA CL	29.99	09/14/10	73
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