

Qty	ISBN	Title	Bd	C\$ Price	In-Whs	Pg
	9781572244870	Calming Your Anxious Mind	*AA PB	18.95	06/05/06	2
	9781572245402	Daily Meditations for Calming Your Anxious Mi	*AA PB	17.95	04/15/08	2
	9781572243729	Natural Relief for Anxiety	*AA PB	18.95	07/26/04	2
	9781572245341	Leave Your Mind Behind	*AA PB	16.95	09/15/07	2
	9781572244252	Get Out Of Your Mind & Into Your Life	*AA PB	24.95	11/07/05	2
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	9781572245495	The Relaxation and Stress Reduction Workbook	*AA PB	24.95	04/15/08	2
	9781572244542	The Daily Relaxer	*AA PB	18.95	03/14/06	2
	9781572246362	The Daily Relaxer Audio Companion	*AA CD	22.95	10/15/08	2
	9781572246195	The Dialectical Behavior Therapy Workbook for	*AA PB	24.95	07/15/09	3
	9781572246928	Secret Sadness	PB	18.95	07/15/09	4
	9781572247024	Biting Anorexia	PB	18.95	08/15/09	4
	9781572246768	50 Ways to Soothe Yourself Without Food	PB	18.95	08/15/09	5
	9781572246430	Wise Mind, Open Mind	PB	22.95	08/15/09	6
	9781572246201	Transformative Yoga	PB	26.95	10/01/09	7
	9781572245938	The Joy of Parenting	PB	22.95	09/15/09	7
	9781572247048	Flying Without Fear	PB	18.95	09/15/09	8
	9781572246508	Mindful Path through Shyness	PB	19.95	10/15/09	9
	9781572246492	Parenting a Child Who Has Intense Emotions	PB	21.95	10/15/09	9
	9781572245945	Digging Out	PB	19.95	10/15/09	10
	9781572247055	Act Made Simple	PB	44.95	10/15/09	10
	9781572247079	Add and Your Money	PB	22.95	11/15/09	11
	9781572245907	More Vegetables, Please!	PB	24.95	10/15/09	11
	9781572246959	Buddha's Brain	PB	21.95	10/29/09	12
	9781572246256	Cognitive Behavioral Workbook for Weight Managemen	PB	26.95	10/15/09	13
	9781572246997	The Anger Workbook for Teens	PB	17.95	11/15/09	13
	9781572247215	The Anger Workbook for Teens Professional Edition	BM	33.95	09/21/09	13
	9781572246744	Whole-Body Workbook for Cancer	PB	26.95	11/15/09	14
	9781572247000	Connecting the Dots	PB	21.95	11/15/09	14
	9781572246270	Quiet Your Mind and Get to Sleep	PB	24.95	11/10/09	15
	9781572246751	The Mindfulness Workbook	PB	26.95	11/15/09	16
	9781572247079	Add and Your Money	PB	22.95	11/15/09	17
	9781572246973	Stress Reduction Workbook for Teens	PB	17.95	12/15/09	17
	9781572247611	The Stress Reduction Workbook for Teen Professiona	BM	33.95	09/21/09	17
	9781572246874	Mindful Path through Worry and Rumination	PB	18.95	12/15/09	18
	9781572246515	Yoga for Anxiety	PB	19.95	01/15/10	19
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	9781572247031	Child and Adolescent Clinical Psychopharmacology M	PB	23.95	01/15/10	22
	9781572246980	Handbook of Clinical Psychopharmacology for Therap	CL	67.95	01/15/10	22
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	9781572246911	Depression 101	PB	18.95	01/15/10	24
	9781572246966	Bipolar Workbook for Teens	PB	17.95	01/15/10	24
	9781572247222	The Bipolar Workbook for Teens	BM	33.95	09/21/09	24
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	9781572246393	Progressive Relaxation and Breathing	*AA CD	15.95	10/15/08	26
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	9781572245693	My Mother, My Mirror	*AA	PB	24.95	03/15/09	26
	9781572246454	The End Of Materialism	*AA	CL	33.95	03/15/09	26
	9781572246232	The Chemistry Of Connection	*AA	PB	18.95	03/15/09	26
	9781572246300	Cool, Calm, Confident	*AA	PB	18.95	03/15/09	26
	9781572246294	Mindful Motherhood	*AA	PB	18.95	04/15/09	26
	9781572245952	The Whole-Body Approach to Osteoporosis	*AA	PB	19.95	04/15/09	26
	9781572246188	The Good News About Bad News	*AA	PB	21.95	04/15/09	27
	9781572246218	The Chemotherapy Survival Guide	*AA	PB	21.95	04/15/09	27
	9781572246164	Freedom From Self-Harm	*AA	PB	22.95	04/15/09	27
	9781572246225	Act With Love	*AA	PB	19.95	06/04/09	27
	9781572246249	The White Knight Syndrome	*AA	PB	21.95	06/04/09	27
	9781572246355	The Insomnia Workbook	*AA	PB	24.95	05/15/09	27
	9781572245785	The Depression Solutions Workbook	*AA	PB	24.95	06/15/09	27
	9781572245891	The Pregnancy and Postpartum Anxiety Workbook	*AA	PB	28.95	06/04/09	27
	9781572246317	Mindfulness for Two	*AA	CL	77.95	05/12/09	27
	9781572246287	The Dialectical Behavior Therapy Skills Workb	*AA	PB	24.95	06/15/09	27
	9781572246447	Deep Medicine	*AA	PB	21.95	06/15/09	27
	9781572245914	The Binge Eating and Compulsive Overeating Wo	*AA	PB	24.95	06/15/09	27
	9781572246263	The Art and Science of Valuing in Psychothera	*AA	CL	62.95	09/01/09	27

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