

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781684033430	Your Body, Your Best Friend	Mather	SELF	PB	25.95	04/01/20	1
	9781684033768	Rewire Your Anxious Brain for	Kissen	YAN	PB	24.95	04/01/20	1
	9781684034086	Habit Swap	Byrne	SELF	PB	24.95	04/01/20	2
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	9781684034529	The Anxiety Skills Workbook	Hofmann	SELF	PB	35.95	04/01/20	3
	9781684035083	The Blindspots Between Us	Tsipursky	SELF	PB	24.95	04/01/20	3
	9781684034116	The Self-Love Revolution	Tovar	YAN	PB	24.95	05/01/20	4
	9781684034147	The Unapologetic Guide to Blac	Walker	SELF	PB	24.95	05/01/20	4
	9781684034833	The Anxiety and Phobia Workboo	Bourne	SELF	PB	37.95	05/01/20	5
	9781684034895	The Earth Prescription	Koniver	NWAGE	PB	25.95	05/01/20	5
	9781684034994	Boundless Creativity	Alderson	SELF	PB	35.95	05/01/20	6
	9781684035366	Stuff That's Loud	Sedley	YAN	PB	24.95	05/01/20	6
	9781684031771	Acceptance and Commitment *AA	Zurita Ona	PSYC	PB	69.95	12/01/25	7
	9781684032891	The ACT Workbook for OCD	Mazza	SELF	PB	35.95	06/01/20	7
	9781684033102	Innovations in Acceptance and	Levin	PSYC	PB	102.00	06/01/20	8
	9781684034383	Goodnight Mind for Teens	Carney	YAN	PB	24.95	06/01/20	8
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	9781684035212	Mingling with the Enemy	Martinet	SELF	PB	24.95	06/01/20	9
	9781684033614	The Binge Eating Prevention Wo	Marson	SELF	PB	35.95	07/01/20	10
	9781684033737	The Big Book of Exposures	Springer	PSYC	PB	71.95	07/01/20	10
	9781684034772	The Moral Injury Workbook	Evans	SELF	PB	35.95	07/01/20	11
	9781684034802	Don't Believe Everything You F	Leahy	SELF	PB	31.95	07/01/20	11
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	9781684035519	The Gaming Overload Workbook	Kulman	YAN	PB	25.95	08/01/20	12
	9781684035540	The ACT Workbook for Depressio	McKay	SELF	PB	32.95	08/01/20	13
	9781684035885	The Monkey Mind Workout for Un	Shannon	SELF	PB	24.95	08/01/20	13
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