

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
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	9781684030927	Coping with Critical, Demandin	Allen	SELF	PB	24.95	11/01/18	2
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	9781684032112	How to Stop Feeling So Damn De	Horwitz	SELF	PB	24.95	12/01/18	3
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	9781684032266	Anger Management for Everyone	Tafrate	SELF	PB	25.95	01/02/19	4
	9781684031535	The CBT Workbook for Perfectio	Martin	SELF	PB	35.95	01/02/19	4
	9781684032327	Freedom from Anxious Thou *AA	Symington	SELF	PB	24.95	02/02/19	4
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	9781684031078	Mindfulness for Kids with ADHD	Burdick	CHIL	PB	24.95	10/01/18	5
	9781684031689	Breath Friends Forever	Grossman	CHIL	CL	24.95	09/01/18	6
	9781684031597	The Birth Guy's Go-To Gui *AA	Salmon	HEAL	PB	24.95	02/02/19	7
	9781684031313	Mindfulness for Anxious Kids	Cook-Cotto	CHIL	PB	24.95	11/01/18	7
	9781684030491	Kid Confidence	Kennedy-Mo	FAMI	PB	24.95	01/02/19	7
	9781684030798	Mindfulness for Student Athlet	Biegel	YAN	PB	24.95	08/01/18	8
	9781684031245	The Insomnia Workbook for Teen	Tompkins	YAN	PB	25.95	09/24/18	8
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