

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781684033348	The Relaxation and Stress Redu	Davis	SELF	PB	37.95	04/01/19	2
	9781684032426	The Upward Spiral Workbook	Korb	SELF	PB	35.95	04/01/19	2
	9781684032525	Recovering from Emotionally Im	Gibson	SELF	PB	24.95	05/01/19	3
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	9781684032648	The Dialectical Behavior Thera	Reutter	SELF	PB	34.95	06/01/19	4
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	9781684032808	The Strengths-Based Workbook f	Niemiec	SELF	PB	34.95	06/01/19	4
	9781684032679	It's Time to Talk (and Listen)	Kim	SELF	PB	24.95	07/01/19	5
	9781684032617	A Radical Guide for Women with	Solden	FAMI	PB	31.95	07/01/19	5
	9781684032556	Loving Someone with an Eating	Harron	SELF	PB	25.95	07/01/19	5
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	9781684033317	Healthy Habits Suck	Lee-Baggle	SELF	PB	24.95	07/01/19	6
	9781684031900	The Social Media Workbook for	Saedi Bocc	YAN	PB	24.95	03/01/19	7
	9781684031412	The Adopted Teen Workbook	Neiman	YAN	PB	24.95	03/01/19	7
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	9781684031443	The Intuitive Eating Workbook	Resch	YAN	PB	26.95	04/01/19	8
	9781684032921	The Resilience Workbook for Te	Bradshaw	YAN	PB	24.95	05/01/19	8
	9781684032457	The Anger Workbook for Teens	Lohmann	YAN	PB	25.50	05/01/19	9
	9781684032297	From Anger to Action	Abblett	YAN	PB	24.95	06/01/19	9
	9781684034314	The Untethered Soul *AA	Singer	SELF	DC	25.95	10/22/18	10
	9781684033409	An Invitation to Freedom *AA	Mooji	NWAGE	PB	14.95	10/01/18	10
	9781684033379	The New Happiness	McKay	SELF	PB	31.95	03/01/19	10
	9781684033188	The Inner Bonding Workbook	Paul	SELF	PB	31.95	03/01/19	11
	9781684031566	The Calling	Mossbridge	SELF	PB	24.95	04/01/19	11
	9781684032020	The Gratitude Prescription	Pye	SELF	PB	24.95	05/01/19	11
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	9781626251762	A Contextual Behavioral Guide	McHugh	PSYC	PB	71.95	03/01/19	12
	9781684033010	ACT Made Simple	Harris	PSYC	PB	64.95	05/01/19	12
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