

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781684035885	The Monkey Mind Workout f *AA	Shannon	SELF	PB	24.95	02/01/22	2
	9781684035540	The ACT Workbook for Depr *AA	McKay	SELF	PB	32.95	08/01/20	3
	9781684034864	Move on Motherf*cker	Eckleberry	SELF	PB	24.95	11/03/20	3
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	9781684035915	The Upward Spiral Card De *AA	Korb	SELF	PD	26.95	01/02/21	4
	9781684036561	The Untethered Soul Guided Jou	Singer	SELF	JN	26.95	09/01/20	5
	9781684033041	The Mindfulness and Acceptance	Oliver	SELF	PB	35.95	09/01/20	6
	9781684035243	Mindful Somatic Awareness for	Blume	SELF	PB	24.95	10/01/20	6
	9781684035052	The Negative Thoughts Workbook	Clark	SELF	PB	31.95	10/01/20	6
	9781684035304	The Highly Sensitive Person's	Arabi	SELF	PB	24.95	10/01/20	7
	9781684035953	Yoga for Addiction	Cryer	SELF	PB	25.95	11/01/20	7
	9781684035632	The Mindfulness Workbook for O	Hershfield	SELF	PB	35.95	12/01/20	7
	9781684037643	Pocket Therapy for Stress	Michaels W	SELF	PB	21.95	11/01/20	8
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	9781684037612	Pocket Therapy for Anxiety	Bourne	SELF	PB	21.95	11/01/20	8
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	9781684036899	Stop Walking on Eggshells	Mason	SELF	PB	29.95	12/01/20	10
	9781684035489	Thoughts and Feelings *AA	McKay	SELF	PB	37.95	01/02/21	10
	9781684034321	The Cognitive Behavioral *AA	Knaus	SELF	PB	35.95	01/02/21	11
	9781684036233	Fuel Your Brain, Not Your *AA	Allott	SELF	PB	31.95	02/01/21	11
	9781684036431	The Dialectical Behavior *AA	Mullen	PSYC	PB	28.95	02/01/21	11
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	9781684036448	The Pain Management Workbook	Zoffness	HEAL	PB	35.95	12/01/20	12
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