

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781250864369	You Are Not Stuck	Vollmer	SELF	CL	36.99	01/03/23	1
	9781797219363	You Already Have the Answ *AA	Deibert	SELF	JN	29.95	12/06/22	2
	9781955834179	A Good Deck: Spread Joy *AA	duopress 1	NWAGE	PD	28.95	12/02/22	3
	9781683647652	How to Be Loving: The Dec *AA	LaPorte	NWAGE	PD	30.99	11/15/22	4
	9781683647645	How to Be Loving: The Jou *AA	LaPorte	NWAGE	PB	24.99	11/15/22	5
	9781797216263	How We Heal *AA	Elle	SELF	CL	34.95	11/08/22	6
	9781797211169	The Remarkable Life Deck *AA	Millman	SELF	PD	29.95	11/15/22	7
	9781784885618	365 Days of Feel-Good Art *AA	Scobie	ARTS	PB	32.99	11/02/22	8
	9781797221304	Manifest *AA	Nafousi	NWAGE	CL	28.95	10/18/22	9
	9781797200705	Plan, Dream, Reflect Jour *AA	Watson	SPOR	JN	24.95	10/18/22	10
	9781250843432	Misfits *AA	Coel	SELF	PB	16.99	10/11/22	11
	9781683647621	How to Be Loving *AA	LaPorte	NWAGE	CL	35.99	10/11/22 Str	12
	9781250281722	One Question A Day for Po *AA	Chase	SPOR	PB	23.99	10/04/22	13
	9781787138049	The Little Book of Joy *AA	Gray	SELF	CL	17.99	10/18/22	14
	9781797211480	Good Morning, Good Night *AA	Willis	GIFT	PD	29.95	08/23/22	15
	9781797214320	Desk Yoga Deck *AA	Zeer	NWAGE	PD	29.95	08/09/22	16
	9781399600064	Mind & Bowl *AA	Hulin	COOK	CL	25.99	07/26/22	17
	9781950500963	A Good Deck: Take Care of *AA	duopress 1	NWAGE	PD	28.95	07/12/22	18
	9781797211671	Becoming the One *AA	Aiyana	SELF	CL	39.95	06/14/22	19
	9781648480935	Living Untethered *AA	Singer	SELF	PB	27.95	05/10/22 Str	20
	9781797207698	You Need to Hear This *AA	Chronicle	SELF	CL	24.95	05/03/22	21
	9781642507218	The Answer Is You *AA	Amouyel	SOC	CL	28.95	05/02/22	22
	9781797214481	Things to Look Forward To *AA	Blackall	ARTS	CL	32.95	04/19/22	23
	9781787138032	The Little Book of Hope *AA	Gray	SELF	CL	17.99	04/05/22	24
	9781784885304	The Blissful Breath *AA	O Murchu	HEAL	CL	32.99	04/05/22	25
	9781250820068	Pocket Therapy *AA	Crosby	SELF	PB	26.99	02/22/22	26
	9781787137677	Yoga Happy *AA	Barrett	HEAL	CL	42.99	02/15/22	27
	9781250827630	The Expectation Effect *AA	Robson	SCI	CL	38.99	02/15/22	28
	9781797206943	LifePass *AA	Kadakia	SELF	CL	39.95	02/15/22	29
	9781683647850	The Awesome Human Project *AA	Kogan	SELF	CL	32.50	02/08/22	30
	9781250279613	Present, Not Perfect Affi *AA	Chase	SELF	PB	23.99	02/08/22	31
	9781797215129	Morning Meditations *AA	Asanovic	NWAGE	CL	22.95	02/01/22	32
	9781774580912	Summits of Self *AA	Mallory	SELF	PB	22.00	01/25/22	33
	9781250809377	Seeking Wisdom *AA	Cameron	SELF	PB	24.99	01/11/22	34
	9781774580585	How to Begin *AA	Bungay Sta	SELF	PB	18.95	01/11/22	35
	9781642507621	The 7 Habits of Highly Ef *AA	Covey	SELF	CL	42.95	01/17/22	36
	9781250782267	Everyday Osho *AA	Osho	NWAGE	PB	24.99	01/04/22	37
	9781797203638	Discover Your Dharma *AA	Chronicle	SELF	PB	25.95	01/04/22	38
	9781250279422	One Question a Day for Se *AA	Chase	SPOR	PB	23.99	01/04/22	39
	9781250824158	Clean(ish) *AA	Stephens	HEAL	PB	26.99	01/04/22 Str	40
	9781774580998	Heal For Real *AA	Moroney	SELF	PB	21.95	01/04/22	41
	9781684038664	Five Good Minutes of Mind *AA	Brantley	SELF	PB	24.95	01/02/22	42
	9781787138117	List Yourself Happy *AA	Indeedy	SELF	CL	24.99	12/14/21	43
	9781787137653	The Self-Care Year *AA	Davies	SELF	CL	28.99	12/07/21	44
	9781728234441	The Hello, Fears Challeng *AA	Poler	SELF	PB	26.99	12/01/21	45
	9781728252230	Big F*cking Dreams *AA	Sarac	SELF	CL	28.99	12/01/21	46
	9781797206127	The Live Your Values Deck *AA	Congdon	GIFT	PD	27.95	11/09/21	47
	9781684037858	A Happier You *AA	Glassman	SELF	PB	27.95	11/01/21	48
	9781797203973	Thriving *AA	Jones	SELF	CL	21.95	10/26/21	49
	9781250784094	The Book of Hope *AA	Goodall	SELF	CL	38.00	10/19/21	50
	9781773271569	When Women Rise *AA	Kambolis	SELF	CL	32.95	10/05/21	51
	9781787137301	Restore, Recharge, Flouri *AA	Gray	SELF	PD	24.99	09/21/21	52
	9781797210445	Self-Care Truth or Dare *AA	Chronicle	GIFT	BK	22.50	09/14/21	53
	9781250843449	Misfits *AA	Coel	SELF	CL	26.99	09/07/21	54
	9781743797600	The Happiness Code *AA	Bertolucci	SELF	CL	21.99	08/24/21	55
	9781452183701	Quiet Your Inner Critic *AA	Kramer	SELF	JN	22.50	08/03/21	56
	9781743797129	100 Days Happier *AA	Bertolucci	SELF	CL	21.99	06/08/21	57

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781797201542	Detox Your Thoughts	*AA Bonior	NWAGE	PB	24.95	05/04/21	58
	9781642501872	I Can Do Anything	*AA Anderson	SELF	PD	22.50	04/20/21	59
	9781797201856	Career Compass	*AA Campbell	SELF	JN	24.95	04/13/21	60
	9781452182810	You Are Your Best Friend	*AA Makhoul	ARTS	CL	21.95	04/06/21	61
	9781642504880	You, Recharged	*AA Campbell	HEAL	PB	27.95	03/30/21	62
	9781423657545	Be Still Journal	*AA Cray	SELF	JN	22.50	03/09/21	63
	9781743796894	Rise and Shine	*AA Perry	HEAL	PD	29.99	02/09/21	64
	9781797200118	In Courage Journal	*AA Elle	SELF	JN	22.50	01/26/21	65
	9781683647126	Being You	*AA Brower	SELF	PB	22.50	01/19/21	66
###	9781787135505	Change Your Life in an Ho	*AA Archer	SELF	CL	19.99	OSI	67
	9781787135581	Be the Fittest	*AA Brennand	COOK	PB	34.99	01/05/21	68
	9781684035182	A Moment for Me	*AA Polan Orze	NWAGE	CL	27.95	01/02/21	69
	9781250199256	The How Not to Diet Cookb	*AA Greger	COOK	CL	39.99	12/08/20	70
	9781728217772	Lessons on Success	*AA Hill	BUSI	CL	24.99	12/01/20	71
	9781642503173	The 7 Habits of Highly Ef	*AA Covey	SELF	PB	27.95	12/01/20	72
	9781452184524	Goodbye Phone, Hello Worl	*AA Greenberg	SELF	CL	25.95	11/10/20	73
	9781642502961	Live with Intention	*AA Radmacher	SELF	PB	27.95	11/03/20	74
	9781797202969	Find Your Spark	*AA Disney	SPOR	JN	22.50	10/27/20	75
	9781797207315	Journey	*AA Coelho	SELF	JN	28.95	10/20/20	76
	9781452184623	JOMO Journal	*AA Pocrass	SPOR	JN	22.50	09/29/20	77
	9781452184258	Exceptional	*AA Cable	PSYC	CL	39.95	09/22/20	78
	9781642503562	Emotionfull	*AA Woods	SELF	PB	24.95	09/15/20	79
	9781797201504	Find Your F*ckyeah	*AA Rockley	SELF	PB	25.95	09/15/20	80
	9781684036561	The Untethered Soul Guide	*AA Singer	SELF	JN	37.95	09/01/20	81
	9781452180748	The Rituals Journal	*AA MacNeil	NWAGE	JN	22.50	08/18/20	82
	9781784883256	365 Days of Art in Nature	*AA Scobie	ARTS	PB	29.99	08/24/20	83
	9781642504354	The 7 Habits on the Go	*AA Covey	SELF	PB	18.95	08/18/20	84
	9781452180540	Take Two	*AA Simpson	SELF	JN	22.50	07/28/20	85
	9781452181226	Breathwork	*AA Smart	NWAGE	CL	24.95	05/19/20	86
	9781250262967	The Book of Soul	*AA Nepo	SELF	CL	25.99	05/05/20	87
	9781452176550	Big Dreams, Daily Joys Jo	*AA Cripe	SPOR	JN	24.95	04/21/20	88
	9781642502312	The Declutter Challenge	*AA Aarssen	SELF	PB	23.95	04/21/20	89
	9781642500950	Mystical Crystals	*AA Greenleaf	NWAGE	PB	22.95	03/23/20	90
	9781250226846	Leadership Strategy and T	*AA Willink	BUSI	CL	37.99	01/14/20 Str	91
	9781642501025	Listify	*AA Greenway	SELF	PB	18.95	01/14/20	92
	9781642501186	The Checklist Book: Set R	*AA Franzen	BUSI	PB	27.95	01/20/20	93
	9781642501506	Your Goal Guide	*AA Eckerling	BUSI	PB	29.95	01/20/20	94
	9781250195289	The Bloated Belly Whisper	*AA Freuman	HEAL	PB	24.50	01/07/20	95
	9781250219725	Cleaning Sucks	*AA Hoffman	SELF	PB	22.99	01/07/20	96
	9781784882839	The 7 Day Vegan Challenge	*AA Campolucci	COOK	CL	29.99	01/07/20	97
	9781786275264	These Cards Will Change Y	*AA Barton	SELF	PD	18.99	01/07/20	98
	9781786275523	These Cards Will Change Y	*AA Mahon	SELF	PD	18.99	01/07/20	99
	9781787135178	The Little Book of Self-C	*AA Gray	SELF	CL	17.99	01/07/20	100
	9781684034413	Be Mighty	*AA Stoddard	SELF	PB	24.95	01/02/20	101
	9781250199225	How Not to Diet	*AA Greger	HEAL	CL	38.50	12/10/19 Str	102
	9781642501575	Build Muscle. Stay Lean.	*AA Mango Publ	SPOR	PB	14.95	12/09/19	103
	9781642501582	66 Day Journal	*AA Mockridge	SELF	PB	14.95	12/09/19	104
	9781788686358	Lonely Planet Explore Eve	*AA Lonely Pla	SELF	PB	21.50	11/19/19	105
	9781784882792	365 Days of Creativity	*AA Scobie	ARTS	PB	29.99	10/15/19	106
	9781452182506	Ten to Zen	*AA O'Kane	NWAGE	PB	22.95	10/08/19	107
	9781452180557	Best Year Yet	*AA Chronicle	SELF	JN	22.50	10/01/19	108
	9781452183329	Find Your F*ckyeah	*AA Rockley	SELF	CL	34.95	09/17/19	109
	9781787132740	How to be Vegan and Keep	*AA Nichols	COOK	CL	28.99	09/17/19	110
	9781989025697	Wake Up Before Your Wake-	*AA Parker	SELF	PB	21.00	09/17/19	111
	9781787133808	Little Book of Mindfulnes	*AA Davies	NWAGE	CL	13.99	08/20/19	112
	9781452168869	Find Your Artistic Voice	*AA Congdon	SELF	PB	26.95	08/06/19	113
	9781743795446	Less Stuff	*AA Miles	DOIT	PB	28.99	08/06/19	114

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781684032389	Be, Awake, Create	*AA Younger	SELF	PB	28.95	07/01/19	115
	9781684033317	Healthy Habits Suck	*AA Lee-Baggle	SELF	PB	24.95	07/01/19	116
	9781250218834	The Essential Path	*AA Walsch	RELI	CL	22.99	06/04/19	117
	9781250307507	The Path Made Clear	*AA Winfrey	NWAGE	CL	36.50	03/26/19 Str	118
	9781787132429	An Edited Life	*AA Newton	DOIT	CL	32.99	03/04/19	119
	9781452174792	Canvas One Line a Day	*AA Chronicle	LIT	JN	24.95	01/29/19	120
	9781492665366	The 30-Day Money Cleanse	*AA Feinstein	BUSI	CL	25.99	01/01/19	121
	9781250200228	Choose Calm	*AA Hayes	SPOR	PB	19.50	11/06/18	122
	9781684034314	The Untethered Soul	*AA Singer	SELF	PD	25.95	10/22/18	123
###	9781452171692	Do Breathe	*AA Williams	NWAGE	PB	21.95	OP	124
	9781452169132	How to Be Great at Your J	*AA Kerr	BUSI	CL	21.95	08/28/18	125
	9781452164625	Modern One Line a Day: A	*AA Moglea	SPOR	JN	24.95	07/17/18	126
	9781492665540	Slow	*AA McAlary	SELF	CL	37.99	07/10/18	127
	9781452168364	Mindfulness Cards	*AA Gunatillak	GIFT	NC	24.95	04/10/18	128
	9781452164618	Floral One Line a Day: A	*AA Cheng	SPOR	JN	24.95	02/20/18	129
	9781250127761	The How Not to Die Cookbo	*AA Greger	COOK	CL	38.99	12/05/17	130
	9781452164601	Celestial One Line a Day	*AA Cheng	SPOR	JN	24.95	08/08/17	131
	9781452163468	Two Minute Mornings	*AA Pasricha	SPOR	JN	22.50	07/18/17	132
	9781572245372	The Untethered Soul	*AA Singer	SELF	PB	27.95	10/03/07	133

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