

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781250341280	Ten Times Calmer	*AA Schnack	SELF	PB	27.99	01/27/26	1
	9781648486890	I Give Myself Permission	*AA James	SELF	PB	28.95	01/02/26	2
	9781250865045	Feel-Good Productivity	*AA Abdaal	SELF	PB	25.99	12/30/25	3
	9781837833368	The Mindfulness Year	*AA Ward	SELF	CL	32.99	12/23/25	4
	9781837833771	I AM CREATIVE	*AA Quadrille	SELF	CL	19.99	12/09/25	5
	9781250363725	How Not to Die: Revised a	*AA Greger	HEAL	CL	50.99	12/09/25	6
	9798886089271	The 5-Minute Gratitude Jo	*AA Godkin	SELF	PB	25.99	11/18/25	7
	9781464257698	Tell Your Life Story	*AA Mason	SPOR	PB	22.50	10/28/25	8
	9781837834051	The Mindful Year Coloring	*AA Macdonald	NWAGE	PB	19.99	09/02/25	9
	9781797233611	Disney One Wish a Day	*AA Disney	GIFT	PF	28.95	08/12/25	10
	9781797236421	Paper Crane a Day	*AA Chronicle	GIFT	ZE	29.95	08/12/25	11
	9781797233680	Manifest That Sh*t	*AA Chronicle	SELF	PF	22.50	08/05/25	12
	9781797237367	Charcoal Canvas One Line	*AA Chronicle	SPOR	PF	26.95	08/05/25	13
	9781761450563	Doom and Bloom	*AA Walker	SELF	PB	34.99	05/20/25	14
	9781250796363	The How Not to Age Cookbo	*AA Greger	COOK	CL	46.99	04/22/25	15
	9781774584231	Do Something That Matters	*AA Stanier	SELF	CL	40.00	01/21/25	16
	9780735384187	Tiny Hopes And Dreams Tin	*AA Brass Monk	GIFT	PF	12.00	01/14/25	17
	9781837831333	The Yoga Happy Year	*AA Barrett	HEAL	PB	40.99	01/07/25	18
	9781250373021	One Question a Day (Navy)	*AA Chase	SELF	PF	24.00	01/07/25	19
	9781250388605	One Question a Day (Flora	*AA Chase	SELF	PF	24.00	01/07/25	20
	9781797232140	Becoming the One	*AA Aiyana	SELF	PB	28.95	12/31/24	21
	9780735382978	My Master Plan Productivi	*AA Galison	GIFT	PF	18.00	12/03/24	22
	9781797231556	Secrets of Longevity, 2nd	*AA Ni	HEAL	PB	37.95	11/12/24	23
	9781648485404	Living Untethered	*AA Singer	SELF	CL	37.95	11/01/24	24
	9781837832156	One Sentence a Day	*AA Quadrille	SELF	CL	34.99	10/29/24	25
	9781797231488	Inspired Letters to My In	*AA Redmond	GIFT	BK	22.50	10/15/24	26
	9781784889654	Manifesting	*AA Elliot	NWAGE	CL	22.50	10/15/24	27
	9781797229515	The Life Audit	*AA Vengoechea	SELF	CL	29.95	10/15/24	28
	9781250358776	One Question a Day Weekly	*AA Chase	REF	PB	27.00	10/08/24	29
	9781797217512	Marvel Hulk Not Smash	*AA Ratcliffe	COMI	CL	22.50	10/08/24	30
	9781797228587	Romance the Every Day	*AA Kasprzak	FAMI	PB	25.95	10/01/24	31
	9781797228938	The Bucket List Journal	*AA Chronicle	SPOR	PF	22.50	09/10/24	32
	9781648484285	The Living Untethered Car	*AA Singer	SELF	PD	28.95	09/01/24	33
	9781797231204	Gilded One Line a Day	*AA Tanamachi	GIFT	PF	25.95	08/27/24	34
	9781797229874	Two Minute Evenings	*AA Pasricha	GIFT	PF	25.95	08/06/24	35
	9781641709019	1001 Ways to Be Kind	*AA Woodburn	SELF	CL	14.99	06/04/24	36
	9781797227597	Awestruck	*AA Franzen	SPOR	PF	22.50	04/02/24	37
	9781797227542	Write and Release Journal	*AA Taggart	SPOR	PF	22.50	03/05/24	38
	9781797227696	Inspired Letters to My Fu	*AA Redmond	SELF	PF	22.50	02/06/24	39
	9780735381032	A Life Sentence	*AA Brass Monk	CRAF	PF	30.00	01/16/24	40
	9781250897589	Living the Artist's Way	*AA Cameron	SELF	PB	27.00	01/09/24	41
	9781773272146	Be a Dime	*AA Payne	SELF	PB	22.95	01/02/24	42
	9781728262529	50 Ways to More Calm, Les	*AA Karydes	SELF	PB	28.99	12/26/23	43
	9781250865038	Feel-Good Productivity	*AA Abdaal	SELF	CL	39.00	12/26/23	44
	9781250796332	How Not to Age	*AA Greger	HEAL	CL	52.99	12/05/23	Str 45
	9781784886431	I AM UNSTOPPABLE	*AA Hardie Gra	SELF	CL	19.50	12/05/23	46
	9781728281384	F*cking Affirmations	*AA Michaels	SELF	PB	23.99	12/05/23	47
	9781648481789	50 Ways to Rewire Your An	*AA Pittman	SELF	PB	26.95	12/01/23	48
	9781797224916	Self-Love Club	*AA Lee	SELF	CL	28.95	11/21/23	49
	9781797225494	Malachite Green One Line	*AA Chronicle	SELF	PF	25.95	11/14/23	50
	9781743799154	Creativity	*AA Gaston Mas	SELF	CL	34.99	11/14/23	51
	9781837830510	The Little Book of Self-L	*AA Gray	SELF	CL	19.50	11/07/23	52
	9781648482144	Worrying Is Optional	*AA Eckstein	SELF	PB	28.95	11/01/23	53
	9781797220277	The Power of Empathy	*AA Tennant	SELF	PB	37.95	10/24/23	54
	9781797225821	One Drawing A Day	*AA Congdon	SPOR	PF	25.95	10/17/23	55
	9781837830503	The Little Book of Manife	*AA Gray	SELF	CL	19.50	10/03/23	56
	9781797222424	Becoming the One: A Guide	*AA Aiyana	SELF	CL	29.95	09/19/23	57

Qty	ISBN	Title	Author	Genre	Bd	C\$ Price	On Sale Date	Pg
	9781797216263	How We Heal	*AA Elle	SELF	CL	37.95	11/08/22	58
	9781784885618	365 Days of Feel-Good Art	*AA Scobie	ARTS	PB	34.99	11/02/22	59
	9781797221304	Manifest	*AA Nafousi	NWAGE	CL	29.95	10/18/22	60
	9781797200705	Plan, Dream, Reflect Jour	*AA Watson	SPOR	PF	25.95	10/18/22	61
	9781797211671	Becoming the One	*AA Aiyana	SELF	CL	41.95	06/14/22	62
	9781648480935	Living Untethered	*AA Singer	SELF	PB	28.95	05/10/22 Str	63
	9781797214481	Things to Look Forward To	*AA Blackall	ARTS	CL	37.95	04/19/22	64
	9781797206943	LifePass	*AA Kadakia	SELF	CL	41.95	02/15/22	65
	9781787137677	Yoga Happy	*AA Barrett	HEAL	CL	44.99	02/15/22	66
	9781797215129	Morning Meditations	*AA Asanovic	NWAGE	CL	23.95	02/01/22	67
	9781774580585	How to Begin	*AA Stanier	SELF	PB	18.95	01/11/22	68
	9781797203638	Discover Your Dharma	*AA Chronicle	SELF	PB	26.95	01/04/22	69
	9781787137653	The Self-Care Year	*AA Davies	SELF	CL	29.99	12/07/21	70
	9781797206127	The Live Your Values Deck	*AA Congdon	SELF	PD	31.50	11/09/21	71
	9781250784094	The Book of Hope	*AA Goodall	SELF	CL	38.00	10/19/21	72
	9781773271569	When Women Rise	*AA Kambolis	SELF	CL	32.95	10/05/21	73
	9781797201856	Career Compass	*AA Campbell	SELF	PF	25.95	04/13/21	74
	9781797200118	In Courage Journal	*AA Elle	SELF	PF	22.50	01/26/21	75
	9781797207315	Journey	*AA Coelho	SELF	PF	29.95	10/20/20	76
	9781797201504	Find Your F*ckyeah	*AA Rockley	SELF	PB	26.95	09/15/20	77
	9781684036561	The Untethered Soul Guide	*AA Singer	SELF	PF	38.95	09/01/20	78
	9781452180748	The Rituals Journal	*AA MacNeil	NWAGE	PF	22.50	08/18/20	79
	9781787135178	The Little Book of Self-C	*AA Gray	SELF	CL	17.99	01/07/20	80
	9781250199225	How Not to Diet	*AA Greger	HEAL	CL	47.00	12/10/19 Str	81
	9781784882792	365 Days of Creativity	*AA Scobie	ARTS	PB	34.99	10/15/19	82
	9781452168869	Find Your Artistic Voice	*AA Congdon	SELF	PB	28.95	08/06/19	83
	9781787132429	An Edited Life	*AA Newton	DOIT	CL	34.99	02/12/19	84
	9781452174792	Canvas One Line a Day	*AA Chronicle	LIT	PF	24.95	01/29/19	85
	9781684034314	The Untethered Soul	*AA Singer	SELF	PD	26.95	10/22/18	86
	9781452164625	Modern One Line a Day	*AA Moglea	SPOR	PF	25.95	07/17/18	87
	9781452168364	Mindfulness Cards	*AA Gunatillak	GIFT	NC	29.95	04/10/18	88
	9781452164618	Floral One Line a Day	*AA Cheng	SPOR	PF	25.95	02/20/18	89
	9781250127761	The How Not to Die Cookbo	*AA Greger	COOK	CL	42.50	12/05/17	90
	9781452164601	Celestial One Line a Day	*AA Cheng	SPOR	PF	24.95	08/08/17	91
	9781452163468	Two Minute Mornings	*AA Pasricha	SPOR	PF	22.50	07/18/17	92
	9781572245372	The Untethered Soul	*AA Singer	SELF	PB	28.95	10/03/07	93

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